

## Annual Gender Sensitization action plan

- Promote awareness amongst Faculty Members, Staff and Students on issues like Health, Education, Gender Equality through Workshops, Seminars, Nukkad Nataks, Debates and Quizzes.
- Conduct regular meetings of Anti-Ragging cell, Student Grievances Redressal committee ,Women cell and Prevention of Sexual Harassment cell for monitoring and evaluation of gender equality.
- Students are assigned mentors whom they can approach for guidance.
- During the Orientation Programme, familiarise new students with rules and regulations, different clubs and committees .
- Conduct Workshops to promote awareness regarding Cyber Security, Self-Defence and Entrepreneurship amongst staff and students.
- Promote equal opportunities for students, ensuring their fair participation in projects, sports and facilitating their equitable involvement in co-curricular activities.

| S.No | Title of the programme  | Duration  | Participants |
|------|---|---|--------------|
| 1.   | International Yoga Day  | 21 <sup>st</sup> June, 2024                               | 31           |
| 2.   | Lecture on 'Women Health Awareness'                           | 28 <sup>th</sup> May, 2024                                | 26           |
| 3.   | Awareness Lecture on 'Women Safety'                           | 7 <sup>th</sup> March, 2024                               | 100          |
| 4.   | Awareness campaign on HIV/AIDS, Drug Abuse and Blood Donation | 6 <sup>th</sup> March, 2024                               | 76           |
| 5.   | Awareness seminar on 'Posh Act-2013'                          | 26 <sup>th</sup> December, 2023                           | 54           |
| 6.   | Seminar on 'Diet and Care during Menstruation'                | 23 <sup>rd</sup> December, 2023                           | 47           |
| 7.   | Celebration of 'World's AIDS Day'                             | 1 <sup>st</sup> December, 2023                            | 30           |
| 8.   | Awareness Program under theme 'Beti Bachao Beti Padao,        | 8 <sup>th</sup> November, 2023                            | 444          |
| 9.   | Seminar on 'Menstrual Hygiene'                                | 27 <sup>th</sup> October, 2023                            | 89           |
| 10.  | Workshop on 'Yoga and Meditation'                             | 26 <sup>th</sup> October – 2 <sup>nd</sup> November, 2023 | 42           |
| 11.  | Seminar on 'AIDS Awareness'                                   | 26 <sup>th</sup> September, 2023                          | 44           |

  
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|     |   |   |     |
|-----|---|---|-----|
| 12. | Workshop on 'Nutritional Diet and Yoga' | 13 <sup>th</sup> September, 2023                          | 97  |
| 13. | Nutrition Week                          | 8 <sup>th</sup> September, 2023                           | 12  |
| 14. | Health Checkup Camp                     | 25 <sup>th</sup> August – 1 <sup>st</sup> September, 2023 | 75  |
| 15. | Guest lecture on 'Anaemia Mukta Bharat' | 25 <sup>th</sup> August, 2023                             | 73  |
| 16. | Talent Hunt: Khoj ek Prayas             | 25 <sup>th</sup> February, 2023                           | 102 |

  
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## Activities Report (2023-24)

- On 21<sup>st</sup> June, 2024 NSS unit organised **International Yoga Day** on theme ‘**Yoga for Women Empowerment**’.



- On 28<sup>th</sup> May 2024, Health club, Women and Sexual harassment cell organised a lecture on '**Women Health Awareness**' to celebrate International Day of Action for Women Health in collaboration with Bharat Vikas Parishad. Dr. Navneet Kaur was the keynote speaker.



- On 7<sup>th</sup> March, 2024 Women & Sexual Harassment cell and Youth club in collaboration with Sanjh Kendra, Gurdaspur organized an awareness seminar on ‘**Women Safety**’ to celebrate ‘**International Women Day**’. The resource person was Inspector Ms. Amandeep Kaur incharge of Sanjh Kendra, Gurdaspur.

  
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- On 6<sup>th</sup> March, 2024 the Red Ribbon Club and Youth Club in collaboration with the Assistant Director Youth Services, Gurdaspur jointly organized a District-level program focusing on creating awareness about HIV/AIDS, Drug Abuse and Blood Donation.



- On 18<sup>th</sup> Feb, 2024 a programme was organized on 'Women Empowerment' at Golden Group of Institute, Gurdaspur.



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- On 13<sup>th</sup> Jan, 2024 NSS volunteers celebrated **Dhiyan Di Lohri** in the college campus.



- On 26<sup>th</sup> Dec, 2023 Women and Sexual Harassment Cell in collaboration with Ministry of Women and Child Development organized an awareness programme to sensitize and to promote awareness about the sexual harassment of women at workplace among officials under **‘Posh Act, 2013’**.



- On 23<sup>rd</sup> December, 2023 Health Club and SD Swachh Committee in collaboration with Inner Wheel Club, Gurdaspur organized a seminar on **‘Diet and Care during Menstruation’**. Dr. Vibha and Mrs. Seema Mahant were the resource persons.

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- On 24<sup>th</sup> December, 2023 **Sanitary Pad vending machine and incinerator** was installed in the college campus.



- On 15<sup>th</sup> December, 2023 Women and Sexual Harassment Cell organized a poster presentation competition under the directions of UGC, to celebrate Sexual Harassment of Women at workplace week.
- On 1<sup>st</sup> December, 2023 **World AIDS Day** was celebrated.

  
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- On 8<sup>th</sup> November, 2023 an awareness program-2023 was organized under the campaign ‘Beti Bacho, Beti Padhao’.



- From 26<sup>th</sup> October to 2<sup>nd</sup> November 2023 one-week workshop on **Yoga and Meditation** was organized for the students by Physical Education department in collaboration with CM Di Yogshala.

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- On 27<sup>th</sup> October, 2023 a Seminar on ‘Menstrual Hygiene’ was organized by Health Club and Science department. Dr. Navdeep Kaur (MBBS, MS/OBS, Gynae) Deol Multispecialty Hospital, Gurdaspur was the resource person.



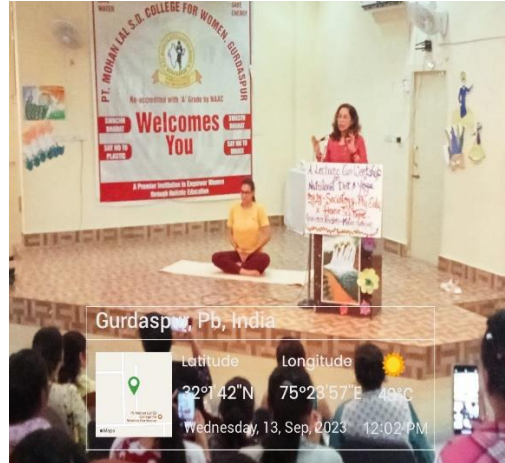
- On 26<sup>th</sup> September, 2023 Red Ribbon Club, NSS Unit and Sociology department in collaboration with Asst. Director Youth Services, Gsp organized a seminar on ‘AIDS Awareness’. Mr. Ravi Paul (Asst. Director Youth Services) was the chief guest.



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- On 13<sup>th</sup> September, 2023 Sociology, Physical Education and Home Science department organized a workshop on **‘Nutritional Diet and Yoga’** in which Dr. Milan Mahajan, Holistic Health and Lifestyle Fitness Coach, Gurdaspur was the resource person.



- On 9<sup>th</sup> September, 2023 students of Rotaract Club attended **‘Blood Donation Camp’** at Golden Institute, Gurdaspur organized by Rotary Club, Gurdaspur.



- On 8<sup>th</sup> September, 2023 Home Science department celebrated **‘Nutrition week’** by organising a Salad Making Competition.

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- From 25<sup>th</sup> Aug to 1<sup>st</sup> Sept. 2023 Health club, NSS and Science department in collaboration with Bharat Vikas Parishad, Gurdaspur organised 5 days **Health checkup camp** in college premises.



- On 31<sup>st</sup> August, 2023 to commemorate 104<sup>th</sup> birthday of Amrita Pritam Punjabi Department organized a guest lecture on topic '**Amrita Pritam Di Kav-Samvedna**'. Prof. Surinder Bir, former Prof., GNDU, Amritsar was the Key note speaker.

*Neena*  
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- On 26<sup>th</sup> August, 2023 Youth Club organized ‘Talent Hunt: Khoj Ek Prayas’ event with an aim to unleash the hidden talents of the students.



- On 25<sup>th</sup> August, 2023 Health Club in collaboration with BVP Charitable Welfare Society, Gurdaspur organised guest Lecture on ‘Anaemia Mukat Bharat Abhiyaan’. Sh. Raman Bahl, Chairman Pb Health Systems Corporation was the Chief Guest of the day.

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- On 12<sup>th</sup> August, 2023 Women Cell and Hindi Department organized a guest lecture on **‘Contribution of Youth in National Progress’**. Smt. Gayatri, Parmukh Karenahika, Rashtriya Sewika Samiti was the Guest Speaker.
- On 24<sup>th</sup> July, 2023 Anti Ragging Cell organized motivational talk for students.



- On 22<sup>nd</sup> July, 2023 Sports Club organized a workshop on **‘Self Defence’**. Mr. Variam Singh gave tips to girls.
- From 19<sup>th</sup> - 21<sup>st</sup> July, 2023 Personality Development Program was organized. Various events like PDF making, cooking, art and craft were the main highlights of the event.



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### एस.डी. कालेज में माहवारी के दौरान खुराक और देखभाल विषय पर करवाया लैक्चर

गुरदासपुर, 31 दिसम्बर (हरमन) : पीठित मोहन लाल एस.डी. कालेज फार वुमन के प्रि. डा. नीरू शर्मा के दिशानिदेश पर और कालेज के हेल्थ क्लब, एस.डी. स्क्वैड कमेटी ने इनरव्हील क्लब के सहयोग से माहवारी के दौरान खुराक और देखभाल विषय पर लैक्चर करवाया, जिसमें मुख्य मेहमान नीलम महंत और इनरव्हील क्लब की प्रधान प्रशंसा शर्मा थे।

इसके अलावा प्रेम गुप्ता, बाला बहल, मोति कपिला भी मौजूद थे। लैक्चर में 47 विद्यार्थियों और 7 फेकल्टी सदस्यों ने शिरकत की। बाला बहल और प्रेम गुप्ता ने कालेज कैम्पस में सैनेटरी नैपकिन वॉइडिंग मशीन और इंसिनेरेटर का उद्घाटन किया।

पहले मुख्य वक्ता डा. विभा शर्मा ने माहवारी के वैज्ञानिक अर्थ, अनियमित माहवारी के कारण, इसकी रोकथाम और इलाज के बारे में बताया। उन्होंने माहवारी के दौरान विभिन्न तरह के आसन, फंगल इन्फेक्शन से बचने के लिए पौरियड्स के दौरान सैनेटरी नैपकिन के बदलते समय (4- 5 घंटे) के बारे में और पौरियड्स के दौरान सेहतमंद खुराक की महत्ता के बारे में भी बताया।



एस.डी. कालेज में सैनेटरी नैपकिन वॉइडिंग मशीन और इंसिनेरेटर का उद्घाटन करते मुख्य मेहमान व मौजूद अन्य। (जीत मखर)

### महिलाओं को शोषण को लेकर किया जागरूक

सबर सखी, मुदन्मूर : पीठित मोहन लाल एसडी कालेज फार वुमन में शोषण विषय पर जागरूकता पैर कराने के लिए सैमिनार का आयोजन किया गया। इसमें जिले के विभिन्न अधिकारियों व कर्मचारियों ने हिस्सा लिया। इस मौके पर जल विकास प्रोजेक्ट अधिकारी टेरंगल विष्णुमती सिंह ने दो संस्तुत हारस्पेट आफ वुमन टू कर्क प्लेस (मनो, रोकथाम व निवारण) एक्ट 2013 संबंधी विस्तार से जानकारी दी। उन्होंने बताया कि इस एक्ट के अंतर्गत प्रत्येक कर्षण, संस्था, स्कूल, कालेज, प्रोवेंटे विभाग, सरकारी विभाग स्पेस्टर्स कॉलेज, डिप्टी, बैंक, अस्पताल, जल के अलावा घरों में धरेलू काम करने के लिए राबे गए सहकर्मों भी इस एक्ट के टारगेट में आते हैं। उन्होंने कहा कि यदि काम काज वाली जागू पर काम करने वाले

सैमिनार के दौरान अधिकार मंडला। डा। सैमिनार से संबन्धित करने हुए कलम बनी डी।जी। मुन्नाजिमें, अधिकारियों, जेल्नु काम करने वाली महिलाओं को संख्या 10 से कम है तो कॉ जित रत पर बन्दे यह लेकल विस्तारण कमेटी को अपने विस्तारण दत्त करवावे जा सकती है। जित रत पर एहसी जनाल को एक्ट के तहत जिला अधिकारी नामजट किया

गव है। कोई भी महिला के साथ यदि कोई धेइइइइइ होने है तो वे अपने विस्तारण जिल रत पर सौपे की पर जिला अधिकारी को कन एक्ट के मुन्नाजिक दत्त करवा सकती है। जिला कर्नुने सेवार् अर्थाटी को ओर से एक्टविकेट रुफका समावाला ने जेल्नु

एक्ट 2005 को विभिन्न धाराले कनकारी दो। सखी सन स्टप चेंटर एक्टविकेट रोकथामन फार लेले परासंसार ने सखी सन स्टप चेंटर इस समय विभिन्न अस्पताल मुदन्मूर में चल रहा है। संबंधी दो जने व सेवाओं को जनकारी दो।



पीठित मोहन लाल एसडी कालेज फार वुमन में दो संस्तुत हारस्पेट आफ वुमन टू कर्क प्लेस एक्ट 2013 को जानकारी दी



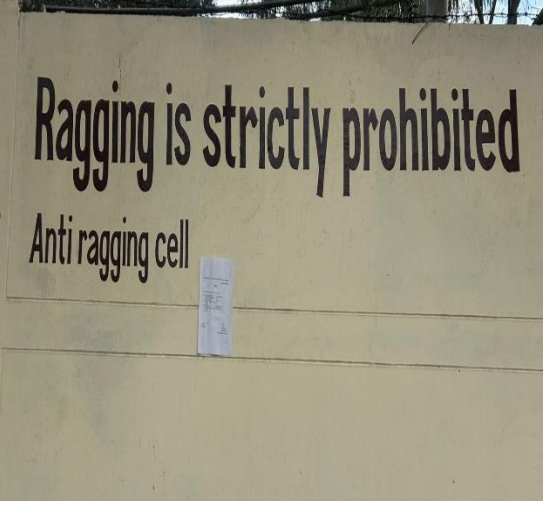
सैमिनार के दौरान अधिकार मंडला। डा। सैमिनार से संबन्धित करने हुए कलम बनी डी।जी।

## Circulars and duty charts


**Students Grievances Redressal Committee**  
 Ms. Money Ohri  
 Ms. Manbir Kaur  
 Ms. Eti Mahajan  
**Women Cell & Sexual Harassment Cell**  
 Dr. (Mrs.) Rupinder Kaur  
 Ms. Paramjit Kaur  
**Anti Ragging Cell**  
 Ms. Savita Nanda  
 Ms. Samita Khajuria

PROSPECTUS

2023-24



*(Signature)*  
**Principal**  
 Pt. Mohan Lal S.D. College  
 for Women, Gurdaspur


  
**75th**
  
**Azadi Ka**
  
**Amrit Mahotsav**

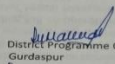
ਮਹਿਲਾ ਸੁਰੱਖਿਆ ਅਤੇ ਵਿਕਾਸੀ ਤੇ ਖਰਚ ਵਿਕਾਸ ਵਿਭਾਗ, ਮੁੱਖ  
 ਚਾਰਜ ਵਿੱਚ ਪ੍ਰੋਫੈਸਰ ਅਮਰਜੀਤ ਸਿੰਘ  
 dpo.gdp@punjab.gov.in Ph.01874-221059

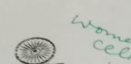

To,  
 The Principal,  
 Pt. Mohan Lal S.D Girls College,  
 Gurdaspur.

L. No. 107/2023/4796 Date: 21/12/23

**Subject:- Regarding full co-operation and collaboration in organizing activities to promote awareness about Sexual Harassment at workplace Prevention week on dated 26/12/23 at 11 A.M.**

On the subject cited above, as you are aware that the Sexual Harassment of women at workplace (Prevention, prohibition and Redressal) Act 2013 has been notified to provide a safe and secure environment to women at workplace. For the said purpose, I do hereby request you for providing full co-operation and collaboration in organizing, to promote awareness about the Sexual harassment of women as per the provision of Sexual Harassment of women at workplace (Prevention, prohibition and Redressal) Act 2013, at workplace at your college auditorium on dated 26/12/2023 at 11 AM.

  
 District Programme Officer  
 Gurdaspur


  

  
**20**
  
**Prof. Manish R. Joshi**
  
 Secretary

**Independent Higher Studies**  
**University Grants Commission**  
 (Ministry of Education, Govt. of India)

December 11, 2023/20 ਅਗਸਤ, 1945

D.O.No.91-3/2020 (GS)

Respected Madam/Sir,

As you are aware, the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, as notified on December 9, 2013, to provide a safe and secure environment for women in the workplace. The University Grants Commission has also notified the University Grants Commission (Prevention, Prohibition and Redressal of Sexual Harassment of Students, Staff and Faculty) Regulations, 2018 in the Chapter of India, which clearly describe the responsibilities of Higher Educational Institutions (HEIs), grievance redressal mechanism, process for making complaints and conducting inquiry, interim redressal, punishment and compensation, and consequences of non-compliance, etc. These regulations are available on the UGC website, i.e., www.ugc.ac.in.


The UGC Regulations, being statutory in nature, are binding for all HEIs. Specifically, sub-regulation (1) of regulation 4 of these regulations mandates:

... every Executive Authority shall constitute an Internal Complaints Committee (ICC) with an internal mechanism for gender sensitization against sexual harassment.


In this regard, the UGC has also repeatedly issued advisories to the HEIs to take the following actions:

- Constitute an Internal Complaints Committee (ICC) and a Women's Cell in the institutions under their administrative control to deal with gender-based violence and conduct gender sensitization programmes.
- Display banners and posters at conspicuous places in the buildings so as to create awareness amongst employees about sexual harassment and how to prevent it.
- Display the names and contact details of the members of the Internal Complaints Committee on notice boards in the work places.
- Upload the following to their respective portals:
  - "Sexual Harassment of Women at Workplace (Prevention Prohibition and Redressal) Act, 2013"
  - Details regarding the constitution of the Internal Complaints Committee, along with contact information of its members such as name, phone number, address, etc.

I write this to request you to kindly ensure that the afore-mentioned UGC Regulations are implemented in your HEI and the institutions under your administrative control in totality. The details regarding compliance may be submitted on or via the SAKSHAM portal, i.e., saksham.ugc.ac.in, at the earliest.

  
 Prof. Manish R. Joshi

Independent Higher Studies, at Bhamburda, Saksham, Shiksha Zidar Marg, New Delhi-110022  
 Ph. 011-22326208/2239327 | Fax: 011-223218258 | E-mail: ugc@ugc.ac.in


  
**ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ**  
**GURU NANAK DEV UNIVERSITY, AMRITSAR**  
 (ਕਾਲਜ ਵਿਭਾਗ ਸਾਲ 1969 ਦੇ ਸਿਰਫ ਨੰਬਰ 21 ਦੁਆਰਾ ਸਥਾਪਿਤ)  
 University Established by the State Legislature Act No. 21 of 1969  
 Accredited at 'A++' grade (highest level as per modified criteria) by NAAC  
 and conferred 'University with Potential for Excellence' status by UGC

Dean, College Dev. Council  
 ਫੀਲਡ, ਆਲਜ ਵਿਭਾਗ ਫੋਰਮ


ਨੰ. 18231-UG1/10/11  
 ਮਿਤੀ 20/12/23

All the Principals/O.S.D.s of Affiliated, Constituent and University Colleges of this University.


Sir/Madam,

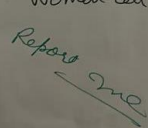
Please find enclosed herewith a letter D.O. No. F.91-3/2020 (GS) dated 05.06.2023 regarding Prevention, Prohibition and Redressal of Sexual Harassment of Women at Workplace.

You are requested to take action regarding the points mentioned in the attached letter of UGC and submit online compliance of Gender Audit on SAKSHAM portal i.e. www.saksham.ac.in for the year 2022-23.

Yours sincerely  
  
 (Prof. Shalini Babel)

Encl: As above

Women Cell Incharge:   
 DE Rupinder  
 Chandhri Ms. Paranjit  
 2

  
 Principal

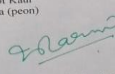
ਫੋਨ ਨੰਬਰ : 0183-2257675, ਮੋਬਾਇਲ ਨੰਬਰ : 0183-2258802-09/3195, E-mail : deancollege@gnud.ac.in

**Pt. Mohan Lal S.D. College for Women, Gurdaspur**

**Duty Chart of lecture on "Diet and Care during Menstruation" by Dr. Vibha Sharma and Installation of Sanitary Napkin Vending Machine and Incinerator**

Dated - 23/12/2023

| Venue: Seminar Hall | Overall Incharges | Preparation of Brochure | Anchouring          | Honouring        | Preparation of Chart | Cleanliness & Seating Arrangement | Sound System       | Arrangement of Audience | Maintenance of Attendance Register | Photographer    | Report Writing     | Publicity       | Refreshment       |
|---------------------|-------------------|-------------------------|---------------------|------------------|----------------------|-----------------------------------|--------------------|-------------------------|------------------------------------|-----------------|--------------------|-----------------|-------------------|
| Dr. Rupinder Kaur   | Ms. Gurdeep Kaur  | Ms. Rajni Sharma        | Ms. Samita Khajuria | Ms. Gurdeep Kaur | Ms. Amila            | Ms. Kamaljit Kaur                 | Ms. Shivani Sharma | Ms. Navjot Kaur         | Ms. Kamaljit Kaur                  | Ms. Navjot Kaur | Ms. Shivani Sharma | Ms. Navjot Kaur | Ms. Sunita (peon) |

  
 Principal

  
**Principal**  
**Pt. Mohan Lal S.D. College**  
**for Women, Gurdaspur**

Duty chart for Guest lecture on 'Women Safety'  
by Women and Sexual Harassment Cell and  
Youth club in collaboration with Sangh Kendra Gsp  
 Date: 7th March, 2024  
 Venue: Seminar Hall

Overall In charges :- Ms. Punita  
 Ms. Harsha  
 Dr. Rupinder Kaur  
 Ms. Paramjit Kaur

Cleanliness SD Swachh Committee

Seating Arrangement and Decoration :- Ms. Paramjit

Chart Preparation :- Ms. Kiren

Brochure :- Dr. Rupinder Kaur

Anchoring - Ms. Punita

Honouring - Ms. Harsha


Sound system - Dr. Rupinder  
 Ms. Shiv

Refreshment - Dr. Rupinder  
 Ms. Sunita

Publicity - Dr. (Mrs) Sukhwinder  
 Ms. Punita

*[Signature]*

## Brochure

|   |  |
|---|--|
| <div style="background-color: #003366; color: white; padding: 5px; text-align: center; font-weight: bold;">PTMLSD COLLEGE FOR WOMEN, GSP.</div> <div style="text-align: center; margin-top: 10px;">  <p style="font-size: small;">SISTER INSTITUTE OF GGDS COLLEGE SEC - 32, CHANDIGARH</p> </div> <div style="text-align: center; margin-top: 10px;"> <div style="background-color: #003366; color: white; padding: 5px; font-weight: bold;">SEMINAR</div> <p>On</p> <div style="background-color: #003366; color: white; padding: 5px; font-weight: bold; display: inline-block;">DIET AND CARE DURING MENSTRUATION</div> <p>RESOURCE PERSONS:- DR. VIBHA SHARMA, MRS. SEEMA MAHANT</p> <div style="background-color: #003366; color: white; padding: 5px; font-weight: bold; display: inline-block;">ORGANIZER<br/>HEALTH CLUB &amp; SD SWACHH COMMITTEE<br/>IN COLLABORATION WITH INNER WHEEL CLUB, GURDASPUR</div> <p>Date: 23rd DEC 2023, at 11:00 A.M</p> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="width: 45%;"> <p style="font-size: small;">MS. VAISHALI SHARMA<br/>PRESIDENT</p> </div> <div style="width: 45%;"> <p style="font-size: small;">DR. (MRS.) NEERU SHARMA<br/>PRINCIPAL</p> </div> </div> <p style="font-size: x-small; text-align: center;">INCHARGES: MRS GURDEEP KAUR, DR. RUPINDER KAUR, MRS. KAMLESH KUMARI</p> | <div style="background-color: #003366; color: white; padding: 5px; text-align: center; font-weight: bold;">PTMLSD COLLEGE FOR WOMEN, GSP.</div> <div style="text-align: center; margin-top: 10px;">  <p style="font-size: small;">SISTER INSTITUTE OF GGDS COLLEGE SEC - 32, CHANDIGARH</p> </div> <div style="text-align: center; margin-top: 10px;"> <div style="background-color: #003366; color: white; padding: 5px; font-weight: bold; display: inline-block;">INSTALLATION OF SANITARY NAPKIN VENDING MACHINE AND INCINERATOR</div> <p>Sponsored by</p> <div style="background-color: #003366; color: white; padding: 5px; font-weight: bold; display: inline-block;">INNER WHEEL CLUB, GURDASPUR</div> <p>DATE: 23rd Dec, 2023 at 11:00 a.m</p> <p>ORGANIZER: HEALTH CLUB &amp; SD SWACHH COMMITTEE</p> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="width: 45%;"> <p style="font-size: small;">MS. VAISHALI SHARMA<br/>PRESIDENT</p> </div> <div style="width: 45%;"> <p style="font-size: small;">DR. (MRS.) NEERU SHARMA<br/>PRINCIPAL</p> </div> </div> <p style="font-size: x-small; text-align: center;">INCHARGES: MRS GURDEEP KAUR, DR. RUPINDER KAUR, MRS. KAMLESH KUMARI</p> |
|---|--|

*[Signature]*  
**Principal**  
**Pt. Mohan Lal S.D. College**  
**for Women, Gurdaspur**





 **Pt. Mohan Lal S.D. College for Women,  
Gurdaspur**

Sister institute of GGSDS College Chd  
Re-accredited with 'A' Grade by NAAC, Bangalore

**PERSONALITY DEVELOPMENT PROGRAM**

in Collaboration with IIC  
From 19 July to 21 July, 2023  
Timings 10:00 am to 1:00 pm

**Day 3 (21st July) : Lecture by Ms. Bharti Malhotra  
Tedx Speaker  
Founder of Red Ribbon Society, Asr.**

**MISSION - Our Endeavour is to help the students to discover  
their true potentials.**

Contact no. -7888834810, 9463727386  
Email - ptmisd@gmail.com

- Only for freshers
- No fees will be charged
- Certificates will be provided


**Principal  
Dr. (Mrs.) Neeru Sharma**

**IIC Incharges**  
Dr. Ravnaet Kaur  
Mrs. Jyoti Saini  
Dr. Khushboo

**Incharges**  
Mrs. Punita Sehgal  
Dr. Rupinder Kaur  
Mrs. Parmjit Kaur

**PTMLSD COLLEGE FOR WOMEN, GSP.**  
SISTER INSTITUTE OF GGSDS COLLEGE SEC - 32, CHANDIGARH

**AWARENESS SEMINAR**  
ON  
**WOMEN SAFETY**  
in collaboration SANJH KENDER, GSP.  
by  
**WOMEN AND SEXUAL HARASSMENT CELL  
AND  
YOUTH CLUB**  
Date: 7th March, 2024



MS. VAISHALI SHARMA  
PRESIDENT

DR. P.K. BAJAJ  
SECRETARY

DR. (MRS.) NEERU SHARMA  
PRINCIPAL

INCHARGES - MS. PUNITA, MS. HARSHA, DR. RUPINDER KAUR, MS. PARAMJIT

  
**Principal  
Pt. Mohan Lal S.D. College  
for Women, Gurdaspur**