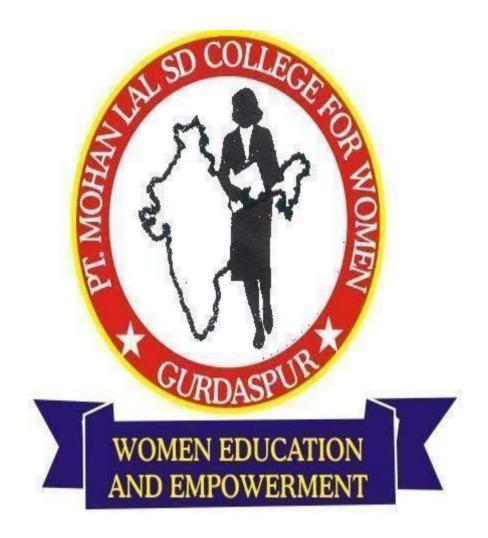
Pt. Mohan Lal S.D. College For Women Gurdaspur



2.5.1 - EXAMINATION RECORD

Dr. (Mrs.) Neeru Sharma Principal

> Pt. Mohan Lal S.D. College for Women, Gurdaspur

PROSPECTUS 2018-19

Dr.(Ms.) Dinesh Sharma Ms. Mridula Dogra

Research Promotion Committee

Dr.(Ms.) Rama Gandotra Dr. (Ms.) Sukhwinder Kaur

Dr. (Mrs) Khushboo Aggarwal

Ms. Ravneet Kaur

Ms. Mridula Dogra

Dr.(Ms.) Dinesh Sharma

UDAAN News Letter

Ms. Poonam Seth

Dr.(Ms.) Dinesh Sharma

Ms. Swati Mahajan

Wall Magazine

Dallinder Kaur/Fditor)

Motivational Corner

Dr. (Ms.) Rama Gandotra

(Incharge)

Ms. Harjeet Kaur

Ms. Palwinder

Ms. Samita Khajuria

Ms. Rajinder Kaur

Examination Committee

Ms. Punita Sehgal

Ms. Raini

Ms. Raveen

Ms. Sunita Kumari

Ms. Swati Mahajan

Ms. Archana Sharma

Competitive Cell

PROSPECTUS

Ms. Komal Mahajan

Ms. Divva

Ms. Navneet

Motivational Corner

Ms. Harjeet Kaur

Ms. Samita Khajuria

Ms. Sunita Kumari

Ms. Divya

Examination Committee

Ms. Savita Nanda

Ms. Surkhab Shelly

Ms. Rajni Sharma

Ms. Sunita Kumari

Ms. Swati Mahajan

Ms. Archana Sharma

Ms. Seema Mahajan Ms. Jyoti

Press Co-ordination Committee

Dr.(Ms.)Sukhwinder Kaur

Ms. Punita Sehgal

Library Committee & Book Bank

Dr.(Ms.) Rama Gandotra

Ms. Surkhab Shelly

Ms. Palwinder Kaur

Ms. Judith Choudhary

Ms. Rajwinder Kaur

Identity Cards

Ms. Samita Khajuria

Ms. Palwinder Kaur INFLIBNET

Me Sandeen Kaur Gorava

2019-20

Ms. Archana Sharma Remedial Classes

Ms. Ravneet Kaur (Incharge)

Dr. (Ms.) Dinesh Sharma

Ms. Gurdeep Kaur

Ms. Manjinder Kaur

Ms. Jagpreet

Enterpreneur Activities

Dr.(Ms.) Khushboo Aggarwal

Ms. Surkhab Shelly

Industrial Linkages & MOUs

FD, Commerce & Computer Deptts.

Other Linkages (All)

Ms. Surkhab Shelly

Ms. Ravneet Kaur

Add on Courses

PROSPECTUS

2021-22

Dr.(Ms.) Khushboo Aggarwal

Dr.(Ms.) Dinesh Sharma

Interal Audit Committee

Dr. (Ms.) Rama Gandotra

Ms. Seema Mahajan

Ms. Komal Mahajan

Career Counseling &

Ms. Sandeep Kaur Goraya

Student Welfare & Feed Back

Ms. Money Ohri

Placement Cell

Ms. Ravneet Kaur



SUPPLEMENTING EDUCATION WITH STUDENTS' SUPPORT SERVICES Clubs and Committees

Dean Admission

Ms. Daljinder Kaur

Dean Administration

Dr.(Ms.) Rama Gandotra

Staff Secretary

Ms. Jyoti Saini

Registrar

Ms. Poonam Seth

NAAC Co-ordinator

Ms. Poonam Seth

NAAC Co Co-ordinator

Ms. Sandeep Kaur Goraya

Bursar

Ms. Seema Mahajan

Dean ECA

Ms. Punita Sehgal

Ms. Harsha Sharma

Admission Committee

Ms. Daljinder Kaur

Dr. (Ms.) Rama Gandotra

Ms. Poonam Seth

Ms. Seema Mahajan

Ms. Punita Sehgal

Ms. Gurdeep Kaur

Ms. Harsha Sharma

Ms Samita Khainnia

Think Tank

Dr. (Ms.) Rama Gandotra

Ms. Seema Mahajan

Ms. Sandeep Kaur Goraya

Dr. (Ms.) Khushboo Aggarwal

Ms. Komal Mahajan

Ms. Gurdeep Kaur

IQAC

Dr. (Ms.) Rama Gandotra

(Co-ordinator)

Ms. Jyoti Saini

Ms. Seema Mahajan

Ms. Sandeep Kaur Goraya

Ms. Ravneet Kaur

Ms. Komal Mahajan

Dr.(Ms.) Dinesh Sharma

Ms. Sweety

Examination Committee

Ms. Savita Nanda

Ms. Surkhab Shelly

Ms. Rajni Sharma

Ms. Sunita Kumari

Ms. Archana Sharma

Youth Welfare Club

Ms. Jagjeet Kaur

Committee Ms Punita

Ms. Punita Sehgal

Ms. Surkhab shelly

Fee Concession Committee

Ms. Daljinder Kaur

Ms. Jyoti Saini

Ms. Sandeep Kaur Gorava

Ms. Archana Sharma

Time Table Committee

Ms. Daljinder Kaur

Ms. Poonam Seth

Ms. Jyoti Saini

Ms. Seema Mahajan

PROSPECTUS

SUPPLEMENTING EDUCATION WITH STUDENTS' SU Clubs and Committees

Dean Admission	Ms. Kirandeep	Central /
Ms. Daljinder Kaur	Ms. Kulwinder Kaur	Ms. Sami
Dean College Development	Ms. Paramjeet Kaur	Ms. Rajn
Dr.(Ms.) Rama Gandotra	Ms. Manjot Kaur	Ms. Gaga
Registrar	Ms. Jyoti Bhardwaj	Ms. Jagpi
Ms. Poonam Seth	Punjab Heritage Promotion	Ms. Kaja
Bursar	Committee	Parent T
Ms. Seema Mahajan	Ms. Harjeet Kaur	Dr.(Ms.)
Staff Secretary	Ms. Kulwinder Kaur	Ms. Rajn
Ms. Jyoti Saini	Admission Committee	UGC Co
Examination Committee	Ms. Daljinder Kaur	Dr.(Ms.)
Ms.Seema Mahajan	Dr. (Ms.) Rama Gandotra	Dr.(Ms.)
Ms. Surkhab Shelly	Ms. Poonam Seth	Ms. Swee
Ms. Gurdeep Kaur	Ms. Jyoti Saini	Research
Ms. Rajni	Ms. Seema Mahajan	Publicati
Ms. Pooja Sharma	Ms. Sandeep Kaur Goraya	Dr.(Ms.)
Mr. Neeraj	Ms. Punita Sehgal	Dr.(Ms.)
Ms. Archana Sharma	Ms. Harsha Sharma	Dr.(Ms.)
NAAC Co-ordinator	Ms. Gurdeep Kaur	Dr.(Ms.)
Ms. Poonam Seth	Ms. Samita Khajuria	Career C
NAAC Ca Ca-ordinator	Mr Nagrai Vumar	DI.

SUPPLEMENTING EDUCATION WITH STUDENTS' SUPPORT SERVICES

Dean Admission

Ms. Daljinder Kaur

Dean College Development

Dr.(Ms.) Rama Gandotra

Registrar

Ms. Poonam Seth

Bursar

Ms. Seema Mahajan

Staff Secretary

Dr. (Ms) Khushboo Aggarwal

Examination Committee

Ms. Seema Mahajan Ms. Surkhab Shelly

Ms. Gurdeep Kaur

Ms. Rajni

Ms. Pooja Sharma

Mr. Neeraj

Ms. Archana Sharma

Think Tank

Dr. (Ms.) Rama Gandotra

Ms. Seema Mahajan

Ms. Sandeep Kaur Goraya

Dr. (Ms.) Khushboo Aggarwal

Ms. Punita Sehgal

Ms. Gurdeep Kaur

Internal Audit Committee

Dr.(Ms.)Rama Gandotra

Ms. Seema Mahajan

Ms. Money Ohri

Dean ECA

Ms. Punita Sehgal

Ms. Harsha Sharma

Youth Club

Ms. Paramjeet Kaur

Ms. Kirandeep

Ms. Kulwinder Kaur

Academic Council

Ms. Daljinder Kaur

Dr.(Ms.) Rama Gandotra

Ms. Poonam Seth

Ms. Seema Mahajan

Ms. Harsha Sharma

Ms. Gurdeep Kaur

NEP and NAD Committee

Ms. Jyoti Saini

Ms. Sandeep Kaur Goraya

Mr. Dalwinder Singh

Prospects Review & Drafting

Committee

Ms. Seema Mahajan

Ms. Punita Sehgal

Ms. Sweety

Central Association

Ms. Samita Khajuria

Pt. Mohan Lal SD College For Women, Gurdaspur Notice

This is for the information of all the Asst. Profs. that they are required to submit their question papers for pre-semester examinations before 15/04/2022 to Mrs. Poonam Seth as pre semester exams are going to start from 06/05/2022. Question Papers should be according to University pattern and 95% of syllabus should be covered in it.

Principal
Pt. Mohan Lal S.D. College
for Women, Gurdaspur

Registrar Pt. Mohan Lal S.D. College For Woman, Gurdaspur

Principal	Registrar
Dr.(Mrs.) Neeru Sharma	Mrs. Poonam Seth

Pt. Mohan Lal SD College For Women, Gurdaspur Instructions For Examinations

- 1. Duty Staff should report in time, half an hour before Examination.
- 2. Information for leave should be given in advance.
- 3. Leave will be possible only with permission of Principal.
- 4. Duty Staff should not leave room in any case.
- 5. Mobile phones are strictly prohibited during exam duty.
- 6. Please count your answer sheets before leaving rooms. So that no answer sheet should be left in the room.
- 7. College work, Register work and Paper checking is not allowed during duty. Exam should be conducted according to GNDU rules.
- 8. No gossips during duty.
- 9. Marking should be done according to 40 sheets per day.
- 10. Table marking in library will be appreciated.
- 11. Kids are not allowed during examinations strictly.
- 12. No one can change their examination duty without prior permission of registrar.
- 13. Papers of absent students will be conducted after exams by the concerned HODs.

Principal
Pt. Mohan Lal S.D. College
for Women, Gurdaspur

Redistrar
Pt. Mohan Ial S.D. College
For Woman, Gurdaspur

Pt. Mohan Lal SD College For Women, Gurdaspur

October Examination (2022)

BA/BSc.- I,II,III (Med, NM, CS, Eco, FD)

Time: 10.00-1.00(Centre - I Ground floor)

Supdt. – Sukhwinder Kaur Dy. Suptt.- Ms. Savita Nanda

Clerk :- Mr. Manu

Sweeper:- Sarbjit, Meenu

Supervisors

S.No.	Name
1.	Ms. Kirandeep
2.	Ms. Paramjeet
3.	Ms. Samita
4.	Ms. Gagandeep
5.	Ms. Richa Mahajan
6.	Ms. Raj Kumari
7.	Ms. Jagpreet Kaur
8.	Ms. Jyoti Bhardwaj
9.	Ms. Ridhima
10.	Ms. Gurpinder Kaur
11.	Ms. Veerta
12.	Ms. Kajal
13.	Ms. Sakshi Saini
14.	Ms. Isha Malhotra
15.	Ms. Manju
16.	Ms. Sonali

Principal
Pt. Mohan Lal S.D. College
for Women, Gurdaspur

Registrar
Pt. Mohan Lal S.D. College
For Woman, Gurdaspur

Pt. Mohan Lal SD College For Women, Gurdaspur October Examination (2022)

B.Com, BCA, M.Sc., M.Com, MA, PGDCA, S&T, B. Voc, Cosmetology, Food Production Time: 10:00-1:00(Centre -II Second floor)

Supdt. – Ms. Harjit Kaur Dy. Suptt.- Ms. Harsha Sharma Clerk:- Ms. Archana Sweeper:- Bimla, Harjinder Supervisors

S. No.	Name
1.	Ms. Kulwinder Kaur
2.	Ms. Rajni Sharma
3.	Ms. Manjot
4.	Ms. Iti
5.	Ms. Manbir
6.	Ms. Neha Sharma
0.	IVIS. INEITA SITATITIA
7.	Ms. Richa Saini
7.	IVIS. NICHA SAIH
8.	Ms. Neeraj
9.	Ms. Bhawna
10.	Ms. Parul Saini
11.	Ms. Kamaljit Kaur
12.	Ms. Sonam Kakkar
13.	Ms. Umang
14.	Ms. Antarpreet
	P

15.	Ms. Ramandeep

Principal
Pt. Mohan Lal S.D. College
for Women, Gurdaspur

Pt. Mohan Lal S.D. College For Woman, Gurdaspur

Date Sheet(Science Deptt.)October 2022

Time 10:00am – 1:00pm

Date	01/10/2022	03/10/2022	04/10/20	06/10/2022	07/10/2 022	08/10/2022	10/10/2022	11/10/2022	12/10/2022	14/10/2022	15/10/2022
Class											
+1	Physics	Chemistry		Maths		Biology	English		G.Punjabi	Computer	EVS
+2	Chemistr	Physics		Biology		Maths	G.Punjabi		English	Computer	EVS
B.Sc. 1st Sem.	PhysicsA ZooA/	English	G.Punja bi/B.Pbi	MathsA/ BotA		PhysicsB/ Zoo.B.	Organic Chem.		MathsB/ Bot.B	Inorganic Chem /Comp Sci	
B.Sc.	MathsA/	PhysicsA/		Organic	G.Pbi	English	MathsB/		PhysicsB/	Physical	
3rd Sem	Bot A	ZooA		Chem./ Comp.Sc i	/B.Pbi		Bot.B		ZooB	Chem.	
B.Sc. 5th Sem	Physical Chem.	MathsA/ BotA		PhysicsA / Zoo.A		MathsB/ Bot.B	English		Inorganic Chem./ Comp.Sci	PhysicsB /ZooB	G.Punjabi /B.Pbi





Date Sheet(Arts Deptt.)October 2022

Time 10:00am – 1:00pm

Class/ Date	1-10-2022	3-10-2022	4-10-2022	6-10- 2022	7-10- 2022	8-10- 2022	10- 102022	11- 102022	12-102022	14-10-2022	15- 102022
+1	El . P/H/E	Pol. Sci.	History	Maths	Eco. Soc.	Phy. Edu.	English	_	Punjabi	Computer	EVS
+2	ECO.	Phy. Edu.	El.P/H/E	Pol. Sci.	-	Maths	Punjabi	History	English	Computer	EVS
BA-I SEM	Pol. Sci / Psychology / Music	English	G.Punjabi/ B.Pbi	Maths/ history	_	El.P/H/ E	Eco. / Soc. / F.A	Phy. Edu	Maths	Comp.Sci. / Comp. App/ F.D/ H.Sc.	Drug Abuse

Pt. Mohan Lal S.D. College for Women, Gurdaspur

Registrar Pr. Mohan Lal S.D. College For Woman, Gurdaspur

BA- III SEM	Maths / His.	English honours	Eco./ Soc./ F.A	Comp. Sci./ Comp. APP./ Phy. Edu./ H.Sc./	G.Pu njabi/ B.Pbi	English	Maths	-	Pol. Sci. / Psychology/ Music	El. p/H/E
BA-V	Eco. /	Maths /	English	F.D. El. P/H/E	Pol.	Maths	English	Comp. /		G.Punja
SEM	Soc. / F.A	History	honours		Sci./ Musi c		3	F.D / Phy. Edu./ H. Sc		bi/B.Pb i

Principal
Pt. Mohan Lai S.D. College
for Women, Gurdaspur

Registrar
Pt. Mohan Lal S.D. College
For Weman, Gurdaspur

Date Sheet(Computer Science Deptt.)October 2022

Time 10:00am – 1:00pm

Date Class	1/10/2022	04/10/202	06/10/202	07/10/2022	08/10/2022	10/10/202	11/1102022	12/10/2022	15/10/202
BCA 1 st Sem	C programmin g	Informati on technolog y			Discrete math	C skills		Punjabi/Bas ic Punjabi	
BCA 3 rd Sem	DBMS			Computer architecture				Python	
BCA 5 th Sem	Software Engineering	Java			Operating System		Web Tech.		
M.Sc.1 st Sem	NDPA	Soft Computin			Discrete math			ACA	ADS
M.Sc III Sem	Network Prog.	Java		ASE		Data Mining		System Software	
PGDCA	Computer fund.	PC-I		PC-II				DBMS	

Principal
Pt. Mohan Lal S.D. College
for Women, Gurdaspur

Pt. Mohan Ial S.D. College For Woman, Gurdaspur

Date Sheet(Commerce Deptt.)October 2022

Time 10:00am – 1:00pm

Date	01/10/202	03/10/202	04/10/202	06/10/20	07/10/2022	08/10/2022	10/10/202	11/10/2022	12/10/202	14/10/20	15/10/202
Class	2	2	2	22			2		2	22	2
+1	Accounts		G.Punjabi	Maths	Econoimi		English		Bus.std	Compute	EVS
1	Accounts		O.1 unjaoi	ivianis	cs		Liigiisii		Dus.sid	r	LVS
+2	Economi	Bus.std.		Accoun		Maths		English	G.Punjabi	Compute	EVS
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B.com	Fin.	English	G.Punjabi	Statstic s		Bus. Org	Bus.		Comp.		
1 _{st}	Accounts	S	/			S	Comm.		fund.		
Sem			B.Pbi								
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B.com	Corporat		Com.	Bus. Env.	G.Punjabi/ B.Pbi	English		Int. bus.		Fin. Mgt	
.3rd Sem	e accounts		Law	EIIV.	D .1 01						
	DTL		Mad	Daulsia a		A 1:4: ~	En aliah		I., .,,,,,,,		
B.Co m 5th	DIL		Mgt accounts	Bankin g ser.		Auditing	English		Insuranc e Ser.		G.D. 111
Sem			accamis	Mgt.					Mgt		G.Punjabi /B.Pbi
				1118.1							7 3.1 01
M.co	Stats.			Mgt		Managerial		Mgt.		Bus. Env.	
m 1st	Ana.			account		Economics		principle			
Sem				S				& O.B			
M.co	Cont. a/c		Retail			Security			Banking		C.B
m 3rd			mgt			ana. &			services		
Sem						portfolio			mgmt		
						mgt					





Date Sheet(Fashion Designing Deptt.)October 2022

Time 10:00am – 1:00pm

Class/date	1-10-2022	3-10-2022	4-10-2022	6-10-2022	7-10-2022	8-10-2022	10-10-2022	12-10-2022
BSC FD	Basic of		Basic of	Fibre to Fabric		Concept of	C-Skills	Punjabi/
	computer		Design &			Fashion		Basic
1 ST Sem			Illustration					Punjabi
DCC ED		Color		Dallace Malice C			N. W. C.	
BSC FD		Color		Pattern Making&			Knitting	
3 RD Sem		Concept&		G. Construction			Technology	
		Coloration						
BSC FD			Leather					
5 th Sem			Technology					
B.Voc			History of					
5 th Sem			Costume					
MSC FD		History of			Communication			
1 st Sem		Costume			Skills			
MSC FD			Global				Research	
3 RD Sem			Costume				Methodology	

Diploma		Garment			
Stitching		Construction			
		(Theory)			
Diploma			Paper1 Diploma	Paper-2	
Cosmetology			Cosmetology	Diploma	
			Sem-1	Cosmetology	
				Sem-1	

Pt. Mohan Lai S.D. College for Women, Gurdaspur

Registrar Pt. Mohan Lal S.D. College For Woman, Gurdaspur

likary Copy

PT. Mohan Lal S.D College For Women, Gurdaspur B.Sc. 4th Sem

Time: - 3 hours

M.M.: 35

Physics(Paper B) Atomic and molecular Spectra
Note: Attempt five questions in all, selecting at least one
question from each section. Fifth question can be done
from any section.

Section -A

- 1. Give Bohr's theory of tomic soectrum of H-Atom. Find an expression for frequencies of radiation emitted in H-atom. (7)
- (a) Give two evidences in favour of Bohr's Theory. (5)(b) State and find expression for Rydberg's Ritz combination Principle. (2)

Section -B

- 3. (a) What is Lande's g-factor of an electron? How does it explain the splitting of levels and fine structure of Hatom? (5)
 - (b) Consider a P-electron in one electron atom. Calculate the values of L. S and J. (2)
- 4. What is normal Zeeman effect? Explain the effect of magnetic field on energy levels of an atom on the basis of quantum theory. Show that a spectral line splits into three spectral lines in normal zeeman effect. (7)

Section -C

- 5. Describe He-atom spectrum and discuss the difference Ortho-Helium and Para-Helium. (7)
- 6. (a) Describe Fine structure of Sodium Spectrum. (4)
 - (b) What are Alkaline earth elements . Describe Spectrum of

Libstony Copy (4) (4)

PT. Mohan Lal S.D College For Women, Gurdaspur

BA

6th Sem

Time: - 3 hours

Psychology

M.M.: 100

Note:- Attempt any five questions, selecting at least one question from each section. The fifth question may be attempted from any section.

Section -A

- 1. Write down the characteristics and causes of anti social personality. ਸ਼ਮਾਜ ਵਿਰੋਧੀ ਸਖਸੀਅਤ ਦੀਆਂ ਵਿਸ਼ੇਸਤਾਵਾਂ ਅਤੇ ਕਾਰਨਾਂ ਦਾ ਵਰਣਨ ਕਰੋ।
- 2. Discuss different types of Dissociative disorders ? ਵਿਘਟਣਾਮਕ ਵਿਕਾਰ ਕਿੰਨੇ ਪ੍ਰਕਾਰ ਦੇ ਹੁੰਦੇ ਹਨ ?

Section -B

- 3. What do you mean by Phobia and what are its causes? Phobia ਕੀ ਹੁੰਦਾ ਹੈ? ਇਸਦੇ ਹੋਣ ਦੇ ਕੀ ਕਾਰਨ ਹਨ ?
- 4. What are the causes of obsessive compulsive disorder?. ਬੰਧਨਕਾਰੀ ਮਨੋਗ੍ਰਸਤਾ ਵਿਕਾਰ ਦੇ ਮੁੱਖ ਕਾਰਣ ਕੀ ਹਨ?

Section -C

- 5. Write down the different types of personality disorder? ਸਖਸੀਅਤ ਵਿਕਾਰ ਕਿੰਨੇ ਪ੍ਰਕਾਰ ਦੇ ਹੁੰਦੇ ਹਨ? ਵਿਸਥਾਰ ਸਹਿਤ ਲਿਖੋ।
- 6. Causes of Schizophrenia? Explain in detail.

Section -D

- 7. Write a note on Psychodynamic therapy?
- 8. Write down cognitive Behaviour therapy in detail? ਗਿਆਣਤਮਕ ਵਿਵਹਾਰ ਚਿਕਿਤਸਾ ਪ੍ਰਣਾਲੀ ਵਿਸਥਾਰ ਸਹਿਤ ਲਿਖੋ।

SECTION-C

5. What is Child Development? Discuss its importance.

12

6. (a) Which are the principles of development?

(b) Which factors affect physical development from infancy to childhood? 6+6

SECTION-D

7. (a) Explain the pattern of motor development.

(b) Which are the characteristics of children emotions?

6+6

12

8. Explain the stages of language development.

(Punjabi Version)

ਨੋਟ :— ਹਰੇਕ ਭਾਗ ਵਿੱਚੋਂ ਘੱਟੋ-ਘੱਟ ਇੱਕ ਪ੍ਰਸ਼ਨ ਦੀ ਚੋਣ ਕਰਦੇ ਹੋਏ, ਕੁੱਲ ਪੰਜ ਪ੍ਰਸ਼ਨ ਕਰੋ। ਪੰਜਵਾਂ ਪ੍ਰਸ਼ਨ ਕਿਸੇ ਵੀ ਭਾਗ ਵਿੱਚੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ। ਸਾਰੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਅੰਕ ਬਰਾਬਰ

ਭਾਗ-ੳ

ਭੋਜਨ ਦੇ ਮਹੱਤਵ ਅਤੇ ਸਰੀਰਕ ਕਾਰਜਾਂ ਦੀ ਚਰਚਾ ਕਰੋ।
 1:

2. ਕਿਸੇ **ਇੱਕ** ਦੇ ਕਾਰਜਾਂ, ਸਰੋਤਾਂ ਅਤੇ ਕਮੀ ਦੀ ਵਿਆਖਿਆ ਕਰੋ :

(ष्ठ) प्रेटीत

(ਅ) ਵਸਾ।

12

(Contd.)

ਭਾਗ-ਅ

3. ਕਿਸੇ **ਇੱਕ** ਦੇ ਕਾਰਜਾਂ, ਸਰੋਤਾਂ ਅਤੇ ਕਮੀ ਬਾਰੇ ਦਰਚਾ ਕਰੋ :

(ੳ) ਵਿਟਾਮਿਨ C

(ਅ) ਕੈਲਸ਼ੀਅਮ।

12

4. (ੳ) ਭੋਜਨ ਦੀ ਸੰਭਾਲ ਦੇ ਸਿਧਾਂਤ ਕੀ ਹਨ ?

(ਅ) ਭੋਜਨ ਦੀ ਸੰਭਾਲ ਦੇ ਘਰੇਲੂ ਤਰੀਕਿਆਂ ਬਾਰੇ ਚਰਚਾ ਕਰੋ।

ਭਾਗ-ੲ

5. ਬਾਲ ਵਿਕਾਸ ਕੀ ਹੈ ? ਇਸਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਚਰਚਾ ਕਰੋ। 12

6. (ੳ) ਵਿਕਾਸ ਦੇ ਕਿਹੜੇ ਸਿਧਾਂਤ ਹਨ ?

(ਅ) ਬਚਪਨ ਤੋਂ ਬਾਲ-ਅਵਸਥਾ ਤੱਕ ਸਰੀਰਕ ਵਿਕਾਸ ਨੂੰ ਕਿਹੜੇ ਕਾਰਕ ਪ੍ਰਭਾਵਿਤ ਕਰਦੇ ਹਨ ? 6+6

ਭਾਗ-ਸ

7. (ੳ) ਚਾਲਕ ਨਾੜੀ (Motor) ਵਿਕਾਸ ਦੇ ਪੈਟਰਨ ਦੀ ਵਿਆਖਿਆ ਕਰੋ।

(ਅ) ਬੱਚਿਆਂ ਦੀਆਂ ਭਾਵਨਾਵਾਂ ਦੀਆਂ ਕਿਹੜੀਆਂ ਵਿਸ਼ੇਸ਼ਤਾਵਾਂ ਹਨ ? 6+6

8. ਭਾਸ਼ਾ ਦੇ ਵਿਕਾਸ ਦੇ ਪੜਾਵਾਂ ਦੀ ਵਿਆਖਿਆ ਕਰੋ। 12

(Hindi Version)

नोट:— प्रत्येक भाग में से कम से कम एक प्रश्न का चयन करते हुए, कुल पाँच प्रश्न करें। पांचवा प्रश्न किसी भी भाग में से किया जा सकता है। सभी प्रश्नों के समान अंक हैं।

भाग-क

1. भोजन के महत्व और शारीरिक कार्यों पर चर्चा करें। 12

2. किसी एक के कार्यों, स्रोतों एवं कमी स्पष्ट करें :

(क) प्रोटीन

(ख) वसा

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