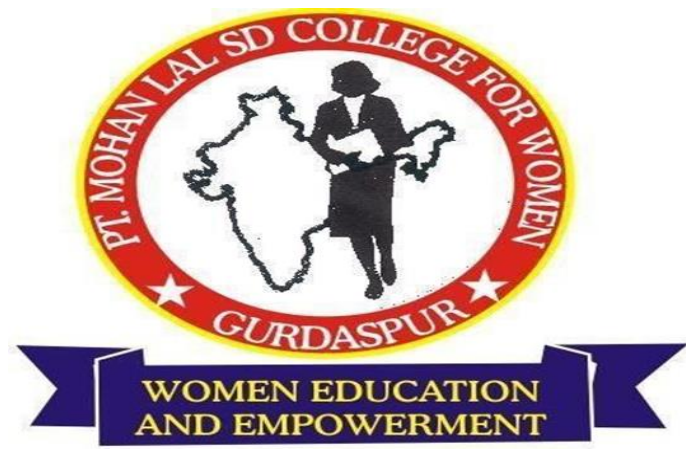


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## 5.3.1

*Number of awards/medals for outstanding performance in sports/ cultural activities at University / state/ national / international level (award for a team event should be counted as one) during the last five years*

*Dr. (Mrs.) Neeru Sharma  
Principal*

*Neeru Sharma* Principal  
Pt. Mohan Lal S.D. College  
for Women, Gurdaspur

**5.3.1 List and links to e-copies of award letters and certificates**

<b>Year</b>	<b>Name of the award/ medal</b>	<b>Team / Individual</b>	<b>University/State/National/ International</b>	<b>Sports/ Cultural</b>	<b>Name of the student</b>
<b>2022-23</b>					
2022-23	Taikwondo Inter-College held at GNDU, Amritsar(2 Bronze medals)	Individual	University	Sports	Gurpreet Kaur and Harleen Kaur
2022-23	2nd Position in Volleyball Inter-College at GNDU, Amritsar	Team	University	Sports	Bhavya, Vidya Bharti, Mamta, Kamlesh Kumari, Muskandeep Kaur, Neeraj, Shruti, Pavneet, Saloni, Simran, Palakpreet
2022-23	Senior State Boxing Championship at Ludhiana (1 Bronze medal)	Individual	State	Sports	Kashish
2022-23	Basketball Inter-College held at GNDU, Amritsar(2nd Runner up Position)	Team	University	Sports	Simran, Palak Rajput, Shawani Devi, Ankita Sharma, Manshi, Trishla Raina, Sonika, Komal, Beenu, Kiran, Nandani, Monika
2022-23	National Boxing Championship held at Uttratrakhand (1 Bronze Medals)	Individual	National	Sports	Gurpreet

  
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2022-23	Kheda Watan Punjab Diya Boxing Championship, Kick Boxing (5 Medals)	Individual	State	Sports	Kriti,Aanchal,Gurpreet and Kashish
2022-23	Boxing Inter-College held at Khalsa College, Amritsar( 2 Silver medals, 2 Bronze medals)	Individual	State	Sports	Harmandeep Kaur, Kriti, Gurpreet Kaur, Pooja Kumari
2022-23	Youth Punjab Boxing Championship at Talwandi Sabo, Bathinda(3 Medals)	Individual	State	Sports	Arshdeep Kaur , Gurpreet and Priya
2022-23	National Boxing Championship at Bhopal (1 Silver Medal)	Individual	National	Sports	Arshdeep Kaur
2022-23	Face Painting Competition organised by Institute of fashion Technology and vocational development Punjab University Chandigarh	Individual	State	Cultural	Manjot Kaur, Deepika
2022-23	Giddha at National Festival of Dance and Music organised by Shabnam Youth and Sports club, Punjab	Team	National	Cultural	Neha,Neha Sharma,Gurlin, Ritu, Diya, Mona, Payal, Manpreet, Taniya, Sunaina
2022-23	2nd in Phulkari and 3rd in Giddha In Youth Festival, GNDU, Amritsar	Team	University	Cultural	Ramanpreet Kaur, Neha Sharma,Neha,Gurlin, Diya, Mona, Payal, Manpreet, Sunaina, Arshdeep Kaur, Gurpinder Kaur and Jashanpreet , Evreen

  
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2022-23	National level Salad Making Competition at KVA DAV College for Women, Karnal	Individual	National	Cultural	Parneet Kaur(2nd), Neha (3rd)
2022-23	Giddha Performance on 75th Azadi Ka Amrit Mahotsav organised by Utar Madhya Ksheter Sanskritik Kendra, Prayagraj, New Delhi	Team	National	Cultural	Neha, Neha Sharma, Gurlin, Ritu, Diya, Mona, Payal, Manpreet, Taniya, Sunaina
2022-23	Second position in Tattoo Making Competition at BD Arya College, Jalandhar	Individual	State	Cultural	Manjot kaur
2022-23	Giddha at Inter state Youth Exchange Program at Golden College, Gurdaspur.	Team	National	Cultural	Neha, Neha Sharma, Gurlin, Ritu, Diya, Mona, Payal, Manpreet, Taniya, Sunaina
2022-23	4 students won titles at Sunakhi Punjaban Mutiyar Mukabala organised by Lok Sabiyachaar Pirh, Gurdaspur.	Individual	State	Cultural	Neha, Gurleen, Roselpreet, Payal.
2022-23	National Integration Camp held at Chaudhary Charan Singh Haryana Agriculture University, Haryana	Individual	National	Cultural	Vishali Sharma
2022-23	Inter College Naitik Sikhiya Exam by Guru Gobind Singh Study Circle, Ludhiana	Individual	State	Cultural	Komalpreet, Harmanpreet, Manpreet, Prabhjot, Sarabjit, Harmandeep, Jasleen, Palak Saini
2022-23	Cash prize in Relegious Exams by SGPC, Amritsar	Individual	State	Cultural	Simranjeet, Simranjeet, Jasleen, Manjot, Navjot, Rajwinder

  
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<b>2021-22</b>					
2021-22	Gold Medal in Athletics	Individual	National	Sports	Pavneet kaur
2021-22	Gold and silver Medal in Athletics	Individual	State	Sports	Pavneet kaur
2021-22	Won inter college volleyball tournament in GNDU	Team	University	Sports	Mamta, Vidya Bharti, Simranjit, Amandeep, Dilpreet, Harpreet, Neeraj, Muskan, Manpreet, Sarbjeet, kiranpreet, Navjot
2021-22	Won inter college taekwondo in GNDU (Bronze medals)	Team	University	Sports	Neha, Aanchal
2021-22	3rd Overall Trophy in Zonal Youth Festival- 2nd in poetical symposium, 2nd in On the spot painting , 3rd in Cartooning, 3rd in Collage, 2nd in Rangoli, Ist in Mehendi, Ist in Giddha, 3rd in Phulkari, Ist in Photography, 3rd in Debate	Team	University	Cultural	Damini, Maninder Kaur, Sharanpreet, Taranjit, Deeksha, Priya, Jashandeep, Ashwinder, Gurleen, Mona, Kiranjeet, Neha, Manpreet, Anuradha, Navchetan, Priya, Kiran, Arshpreet, Ramanpreet, Manpreet, Damini
2021-22	2nd position in online slogan competition	Individual	National	Cultural	Manisha
2021-22	Essay Writing Competition by Guru Gobind Singh Study Circle, Ludhiana (Cash Prize 500/-)	Individual	State	Cultural	Paramjeet kaur

  
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2021-22	Won Titles in Dhee Punjab Di	Individual	State	Cultural	Neha, Arshdeep, Ashwinder
2021-22	Scholarship in Dharmik Pariksha by SGPC	Individual	State	Cultural	Simranjit Kaur, Simranjit Kaur, Manjot, Nandini Mahajan, Navjot, Rajninder, Rajwinder, Deeksha, Jaspreet,
2021-22	Won Title of Miss Gurdaspur at Internation Exclusive Beauty Pageant Miss World Punjaban 2022 at Ludhiana	Individual	International	Cultural	Ms. Kiranpreet Kaur
2021-22	Won Title of Ms. Beautiful Smile in Miss PTC Punjabi 2022	Individual	State	Cultural	Ms. Kiranpreet Kaur
2021-22	Award of Appreciation for participation in International Arts Exhibition at Kalyan Art Gallery, Bhamlada	Individual	International	Cultural	Maninder Kaur
<b>2020-21</b>					
2020-21	Ist , 2nd position in Painting at AB College , Pathankot	Individual	National	Cultural	Manisha, Priti
2020-21	Award of Honour by Swami Ganga Giri Janta Girls college, Raikot Ludhiana (contribution of writers during partition)	Individual	State	Cultural	Parveen, Sharanpreet kaur, Manisha
2020-21	Award of honour by Seven Star Lion Club, Kahnuwan (International Anti Tobbacco day )	Individual	State	Cultural	Manisha , Preety kaur
2020-21	Award of honour by De - addiction centre Gurdaspur (Painting competion)	Individual	State	Cultural	Manisha, Maninder kaur, Navchetan kaur

  
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2020-21	Award of Honour by Bebe Nanki University College, Mithra, Kapurthala (Celebration of 400th birth anniversary of Shri Guru Tegh Bahadur Ji)	Individual	State	cultural	Maninder kaur, Manisha
2020-21	Scholars in Religious Study Exam conducted by SGPC, Amritsar	Individual	State	Cultural	Harshdeep, Komal, Gurpreet
2020-21	Cash Award of Rs. 3100 by SGPC, Amritsar	Individual	State	Cultural	Harshdeep Kaur, Sukhjit Kaur, Shivani, Jashanpreet Kaur, Sharanjit Kaur
2020-21	3rd in selfie with plant competition organised by GGSDS College, Chandigarh	Individual	National	Cultural	Navdeep Kaur and Palak Sobti
<b>2019-20</b>					
2019-20	1 Silver, 1 bronze (Inter college Boxing Championship)	Individual	University	Sports	Pallavi, Sarandeep
2019-20	1st position in inter college at GNDU (Volley ball)	Team	University	Sports	Rajwinder Kaur, Kamini, Kanwaljeet, Kiranpreet, Navjot, Vidhya Bharti, Sharanjit, Raman, Aarti, Pallavi Devi, Davinder jeet Kaur
2019-20	1 Bronze (Inter college Karate championship)	Individual	University	Sports	Palavi Sohal
2019-20	2nd poetry and debate 3rd in phulkari, on spot Painting, rangoli. And college making (Youth Festival)	Individual	University	Cultural	Deeksha, Maninder Kaur, Komalpreet kaur, Harmanpreet Kaur, Daminipreet Kaur, Navdeep Kaur

  
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2019-20	Honoured by President of India on the eve of Rashtrapati Bhawan Diwas' Celebration	Team	National	Cultural	Navchetan, Simranjit Kaur, Arshdeep Kaur, Avalpreet Kaur, Ramandeep Kaur, Davinderjeet Kaur, Arshdeep Kaur, Ragini, Mona, Kawaljit Kaur, Anuradha
2019-20	Award of Honour at National Kavi Sammalen at AB College Pathankot	Individual	National	Cultural	Daminipreet, Parul
2019-20	1st in video making and 2nd poetry at RRMK Arya Mahilla Mahavidyalya, Pathankot	Individual	National	Cultural	Shilpa, Parul
2019-20	3100/- cash prize by Shrimoni Gurdwara Parbandhak Committee, Amritsar	Individual	State	Cultural	Harshdeep, Sukhjot, Shivani, Jashanpreet, Sharanjit
2019-20	3rd in video making and 2nd Doodle Art at GGSD College, Palwal (Haryana)	Individual	National	Cultural	Shilpa, Manisha
<b>2018-19</b>					
2018-19	3 Gold in International Sports Council Games 2018-19 (Boxing, Taekwando)	Individual	International	Sports	Palavi, Saloni, Komal
2018-19	1 Bronze in GNDU Inter college Championship (WUSHU)	Individual	University	Sports	Palavi Sohal
2018-19	1 Bronze in GNDU Inter college Championship (PENCAK SILAT)	Individual	University	Sports	Palavi Sohal

  
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2018-19	2nd position in Inter college Volleyball Championship	Team	University	Sports	Manjot, Vidya bharti , Navjot , Davinderjeet Kaur, Pallavi Devi, Tania, Aarti, Gurpreet, Harpreet, Baljeet, Kirandeep
2018-19	Silver Medal in North India Taekwondo Championship	Individual	National	Sports	Saloni Abrol
2018-19	2nd in Elocution , 3rd in quiz, 2nd in photography, 2nd in giddha	Individual	University	Cultural	Diksha, Kriti, Gurminder, Shariya, Arshdeep, Jashanpreet, Navdeep, Chandandeep, Gurjit, Navdeep, Parampreet, Simranjeet, Ragini Sharma, Manpreet Kaur, Kulwanth kaur, Monika
2018-19	3100/- cash prize Shrimoni Gurdwara Parbandhak Committee, Amritsar	Individual	Natioanal	Cultural	Manpreet, Kamaljeet, mandeep, Ravinder
2018-19	Honoured by Shriomani Gurdwara Parbandhak Committee, Amritsar (Gold Medal)	Individual	National	Cultural	Baljinder Kaur

**Links to e-copies of award letters and certificates:**

[https://www.ptmlsdc.ac.in/public/web\\_images/356/e-copies\\_and\\_awards\\_5.3\\_.1\\_final\\_.pdf](https://www.ptmlsdc.ac.in/public/web_images/356/e-copies_and_awards_5.3_.1_final_.pdf)

  
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